

# Start Shipping with FedEx!



First timer? No problem. Shipping internationally with FedEx is simple. Follow this guide's steps along with useful links and tips to start shipping now!

Click and go to [fedex.com/en-jp](https://fedex.com/en-jp) !



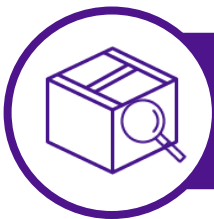
## Can I ship this ?

International shipping comes with some rules/restrictions. Access frequently used information.



## How much and when will it be delivered?

Online rating will instantly give you a quote with an estimated delivery date.



## How should I pack it?

Order free FedEx packages suitable for international shipping. Learn how to pack, too!



## What documents are necessary?

You'll need an address label and customs documents. Prepare and schedule a pickup online!

# 8 easy steps to shipping with FedEx



**Step 1:** Go to [New Customer Center](#) and learn useful shipping tips.



**Step 5:** Take advantage of up to 55% off with our credit card payment special program! [Open an account](#) and register for a fedex.com login ID at the same time.



**Step 2:** Explore [Frequently Asked Questions](#) and ask questions to our [Virtual Support Assistant](#). Useful tips and FAQs are readily available for your first international shipment.



**Step 6:** Get [Rates and Transit Times](#) for your shipment.

*\* Get account specific rates for your FedEx account by using your login ID.*



**Step 3:** Check [All Shipping Services](#) to choose the best fit for you.



**Step 7:** Almost there! Prepare the documents. [FedEx Ship Manager™ at fedex.com](#) will instantly help you prepare your documents and schedule a pickup!



**Step 4:** Ready to pack? [Pack](#) provides you with information about suitable packaging materials and how to order them. You may also use your own packaging materials.



**Step 8:** Done! Now, sit back and check your shipment from [Track](#) by entering your FedEx tracking number.

For the user guide of our FedEx Ship Manager™, please click [here](#).

[fedex.com/en-jp](https://fedex.com/en-jp)

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# Other useful shipping tips



## Shipping (Customs) Documents

- (1) Completely fill in the FedEx International Air Waybill
- (2) Prepare a commercial Invoice\*

\*Primary document required by customs officials for commodities other than documents. With the FedEx Ship Manager online shipping application, you can prepare and complete both 1) and 2) instantly.



## For timely clearance of your shipment, please accurately fill out the below!

- (1) Shipper/consignee name, telephone (Mobile, if available), email
- (2) Country of Origin, Country of Manufacturer
- (3) Full description of goods, including their material, purpose and declared value
- (4) Page numbers if you have multiple pages (e.g. 1 of 2, 2 of 2)  
- Transmit your documents electronically via [Electric Trade Documents](#) to avoid customs delays.



## Have your package ready before scheduling a pickup

Pack with our free packaging materials. If you wish to pack with your own materials, please make sure it is suitable and robust enough to withstand international shipping. For fragile commodities, we recommend the additional use of cushioning material.



## Track your package!

Just enter your 12-digit tracking number at [Track](#) on fedex.com and you can see your package status and whereabouts instantly.



## Manage billing

Check and manage billing online at [FedEx Billing Online](#). Register and experience a paperless solution for your invoice management.  
- Duties and taxes may apply on top of the shipping charges.

Please also visit [Standard Conditions of Carriage](#) for complete details about our services.

[fedex.com/en-jp](https://fedex.com/en-jp)

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# Shipping to your friends or relatives?

Please make sure you are aware of the regulatory requirements of the countries/locations to which you are shipping.

For shipping to the U.S., the below details for frequently shipped items will help you fill out your FedEx Air Waybill and commercial invoice.

*Addresser/Addressee must be personal names; shipments to/from a company are not acceptable as a gift, personal consumption, and ineligible for duty exemption.*



## Food (< \$100 as a personal gift)

- Write “**FS/Personal Gift**” and specify “Homemade” or “Non-Homemade”\* in the item description

**\*You must include the manufacturer’s name and address and obtain a Prior Notice Confirmation(PNC) number by FDA. Also, duty/tax exemption is applicable only for a gift item < \$100**

## Food (< \$200 for personal consumption)

- Write “**FS/Personal Use Only**” and specify “Homemade” or “Non-Homemade” in the item description



## Medicine

- Personal prescribed medicine must be FDA approved
- All (including OTC) medicines\* must be FDA approved
- U.S.-made medicine\* can only be shipped to a manufacturer recipient in the U.S.
- Medicine available for purchase in the U.S. cannot be shipped

**\*You must include the quantity and the manufacturer’s name and address.**

*Other documents: Prescription in English*



## Clothing (< \$100 personal gift)

- Please include the below.
  1. Country of Origin
  2. Item name
  3. For men/ladies or unisex
  4. Woven, knitted, etc.
  5. Material (e.g. cotton 80%, nylon 20%)
  6. Write as “PERSONAL GIFT”



Please visit [Frequently Asked Questions](#) section on fedex.com for more useful tips before shipping.

[fedex.com/en-jp](https://fedex.com/en-jp)

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